

Psychoanalysis at Universities

Challenges, Concepts and Developments

in Education, Training and Research

An International Conference at the University of Vienna, September 6-8, 2024

<https://bildungswissenschaft.univie.ac.at/en/psychoanalysis-and-education/e-psychoanalysis-at-universities/>

Lecture

Afrodita Latifi & Emanuel Jauk (AUT)

**Implementing psychodynamic diagnostics and psychoanalytic psychotherapy
in a routine clinical setting:**

The outpatient clinic for personality, psychodynamic diagnosis and psychotherapy

Saturday, September 7, 2024 / 2.30 – 4.00 pm / Parallel session 2

University of Vienna, Währinger Straße 29, 1090 Wien

Abstract:

The implementation of psychoanalytically based diagnostic and treatment programs in routine clinical settings can be challenging due to time constraints and the necessity for highly structured and unified communication in the medical field. We established a program for psychodynamic in- and outpatient diagnostics based on the Operationalized Psychodynamic Diagnosis (OPD) framework as well as for psychoanalytic treatment in the outpatient setting. In the talk, we will present the rationale, model, and clinical experience for the specialized outpatient clinic for personality, psychodynamic diagnosis, and psychotherapy (Spezialambulanz für Persönlichkeit, Psychodynamische Diagnostik und Psychotherapie [PDP-Ambulanz]) at Medical University of Graz.

We will focus on efforts made and challenges encountered in implementation, clinical practice (including communication with patients and colleagues), as well as academic research and teaching of psychodynamic concepts in the medical field. While our experiences with the specialized outpatient program to date are encouraging, we will also highlight potentials for further development and collaborative efforts to promote psychoanalytically based diagnostics and treatment in routine clinical settings.

Biographical details:

Afrodita Latifi, Dr. med, works at the Division of Medical Psychology, Psychosomatics and Psychotherapy of the Medical University of Graz / Austria. She is a specialist in psychiatry and psychotherapeutic medicine and a supervised trainee psychotherapist (Psychoanalysis and Psychoanalytic Psychotherapy).

Emanuel Jauk, PhD, is a postdoctoral researcher at the Division of Medical Psychology, Psychosomatics and Psychotherapy of the Medical University of Graz / Austria with a background in differential psychology and clinical psychology/psychotherapy.

E-mail: afrodita.latifi@medunigraz.at, emanuel.jauk@medunigraz.at