

The Psychoanalytic Observation of Children
Origins and Recent Developments -- Training and Research
Its Significance for Psychotherapy and other Fields of Psychosocial Work
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Getting back in touch.

**The role of Infant Observation in Neonatal Intensive Care Units (NICU)
and the supportive work with parents and their premature babies.**

Saturday, April 20, 11.30 a.m. / Hörsaal 31 / Parallel session A4

Abstract:

The aim of the work is to illustrate, through the presentation of some observation of premature babies, the dramatic experiences of mothers and fathers and the support that is offered, following a psychoanalytic model. The psychoanalytic method of Infant Observation and the active listening to the parents' experiences is valued with the aim of containing the "new parent", who is also premature, through acceptance and the slow transformation of their painful experiences. The frame of the work will be the shared observation of the newborn, according to the method of Esther Bick. Furthermore, particular attention will also be paid to the implications that the pandemic has had within the NICU and its impact on the relational dynamics of the parent with the child.

Keywords:

Infant Observation, listening, psychoanalytic model, prematurity, parent-child relationship

Biographical details:

Lisa Dioli, Tavistock psychotherapist specializing at the Martha Harris Study Centre in Bologna. Project fellow at Santa Maria at the Scotte Hospital in Siena from November 2021 to November 2022.

Aurora Scabia, psychologist, enrolled in the 3rd clinical year of the Martha Harris Centre, is currently working as a research fellow at the University of Pisa and IRCCS Stella Maris, carrying out clinical and research activities in the Neonatal Intensive Care Unit of the Santa Chiara Hospital in Pisa, within the working group directed by Professor Guzzetta.

Eleonora Testa, a psychologist and psychotherapist in training at the Martha Harris Study Center in Florence, is freelancing and doing a specialization internship at the Meyer Children's Hospital, in the Neonatal Intensive Care Unit.

Elena Coletti is a Psychologist, attending the 2nd year of the Master Course " Work in Perinatal and Early Childhood: a psychoanalytic approach to observation" at the Martha Harris Study Centre in Florence. She works as a volunteer psychologist at the Neonatal Intensive Care Unit of the Santa Maria della Misericordia Hospital in Perugia, Italy.

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