The Psychoanalytic Observation of Children Origins and Recent Developments -- Training and Research Its Significance for Psychotherapy and other Fields of Psychosocial Work An International Conference at the University of Vienna, April 19-21, 2024

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Observation in psychoanalytic parent counselling – prospects on building a psychodynamic understanding of a child's inner world, family relations and child development

Saturday, April 20, 11:30 am / Hörsaal 29 / Parallel session A2

Abstract:

Counselling parents when pedagogical difficulties and developmental problems of children strain family relations has a long tradition in Psychoanalytic Education (Psychoanalytischer Pädagogik). The model of "*Psychoanalytic pedagogical counselling*" was developed by the Austrian psychoanalyst Helmuth Figdor and is sometimes referred to as the "*Viennese model of parent counselling*". In this specific counselling method infant and child observation is used both in training and in the counselling process to gain access to the child's inner world. In the presentation we will introduce and discuss key-points of this concept with special regards on observation processes and a psychodynamic approach.

Keywords:

Vienna Concept on Psychoanalytical Pedagogical Parent Counselling, child observation for counsel trainees, observation in the parent counselling process, inner world of the child

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